

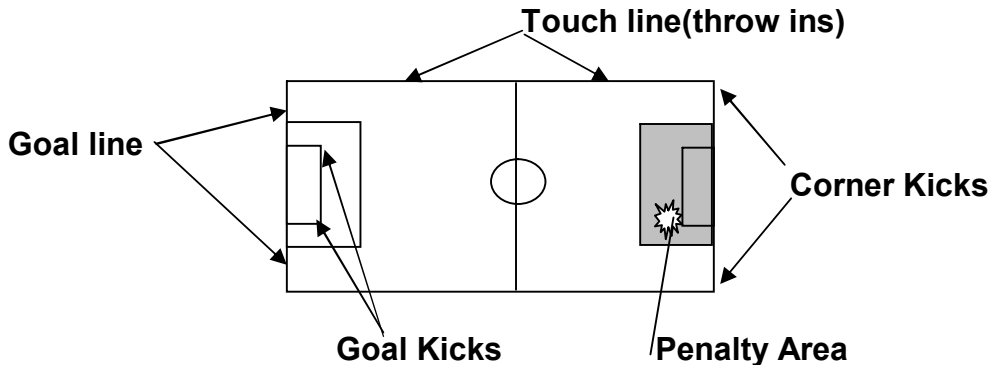


NMCYS Under 10 Soccer Rules

Soccer Hotline: 586-615-9982

www.nmcys.org

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- Game Duration :**
- Two Halves 20 Minutes Each
 - 3 to 4 min halftime snack (grapes, oranges, apples, etc..)
 - After game snack (treat and drink)

- Start:**
- Start each half with kickoff from half circle
 - After each goal, start with kickoff from half circle

- # of Players:**
- 7v7 or 8v8 or as agreed by the coaches

- Goalies:**
- Goalie can handle the ball in the penalty area
 - Rotate goalies each half or more

- Referees:**
- YES

- Substitutions:**
- allowed at **both teams goal kick, controlling teams throw ins** and at **each half**

- Time Allowed**
- Breaks - 5 minute half

- Goal Kick:**
- Goal kick taken by defending team when attacker kicks over goal line and not a goal

- Corner Kick:**
- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

- Throw in:**
- Throw in (over head and feet behind line), taken when ball travels over either touch line

- Special Rules:**
- Players play at least 50% of game
 - **Offside rule IS NOT in effect**
 - Direct and indirect free kicks in force
 - Penalty kicks allowed
 - Stop play immediately upon injury

- Notes:**
- Clean field area when leaving
 - Arrive 15 minutes early
 - Shinpads, Shoes, Shirt, Shorts, socks
 - Shinguards must be INSIDE socks
 - **Absolutely No Jewelry-please instruct players and parents**
 - Each player brings # 4 size ball