



# NMCYS Under 4 Soccer Rules

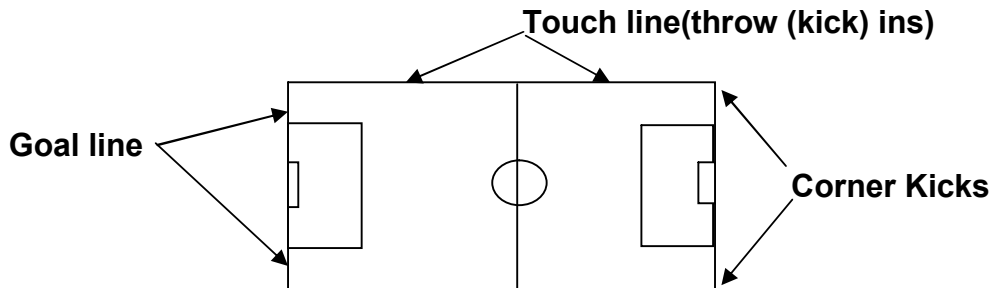
**Soccer Hotline: 586-615-9982**

**www.nmcys.org**

**info@nmcys.org**



**Parents we encourage you to help on the field if needed.**



- Game Duration :**
- Practice for first 15 minutes, dribbling, kicking, shooting, drills
  - Two halves 8 Minutes Each
  - 5 min halftime snack (grapes, oranges, apples, etc.)
  - Bring Your own snacks and water

## Parents

### Start:

- Start each quarter with kickoff from half circle
- After each goal, start with kickoff from half circle

### # of Players:

- 5V5 or as agreed by the coaches

### Goalies:

- None

### Referees:

- None (each coach has whistle)

### Substitutions:

- All players should play, even if teams do not have same number of players

### Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

### Corner Kick:

- corner kick taken by attacking team when defender kicks ball over goal line and not a goal

### Throw in:

- None, all Kick ins

## Special Rules

- Players play at least 50% of game
- All kicks are indirect, no scoring right off of the kick (penalties, goal kicks, corner kicks)
- No penalty kicks, all penalties inside penalty area are moved to outside penalty area
- No offsides
- No player to stand in goal area (blocking goal on purpose)
- Stop play immediately upon injury

## Notes:

- Clean field area when leaving
- Arrive 10 minutes early
- Shinpads, Shoes, Shirt
- Pull socks over Shinpads (socks should be seen)
- No jewelry
- Each player bring a # 3 size ball