

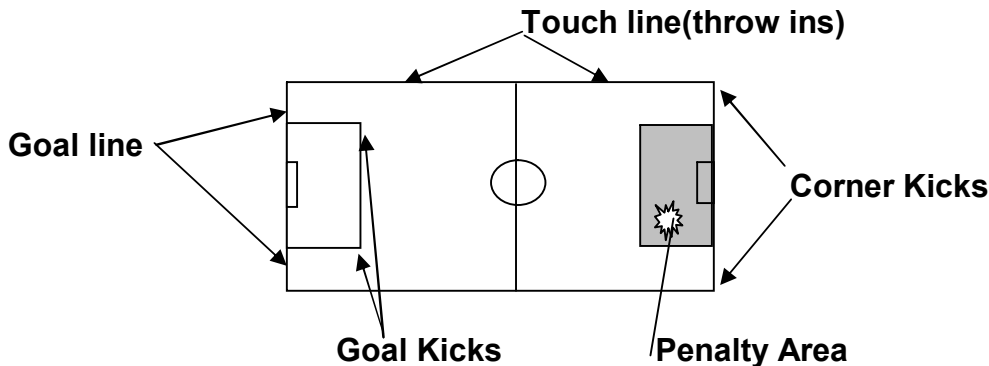


# NMCYS Under 8 Soccer Rules

Soccer Hotline: 586-615-9982

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## Game Duration :

- Four Quarters 9 Minutes Each
- 3 to 4 min halftime snack (grapes, oranges, apples, etc.)
- After game snack (treat and drink)

## Start:

- Start each quarter with kickoff from half circle
- After each goal, start with kickoff from half circle

## # of Players:

- 6v6 or 7v7 or as agreed by the coaches

## Goalies:

- Goalie can handle the ball in the penalty area
- Rotate goalies each half or more
- Goalies CAN receive a pass back

## Referees:

- YES

## Substitutions:

- Sub at each quarter, both teams goal kicks, controlling teams throw ins

## Time Allowed

- Breaks - 1 minute at quarters - 3 to 4 minute half

## Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

## Corner Kick:

- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

## Throw in:

- Throw in (over head and feet behind line), taken when ball travels over either touch line
- ALLOWED A REDO

## Special Rules:

- Players play at least 50% of game
- All kicks are indirect, no scoring right off of the kick (penalties, goal kicks, corner kicks)
- No penalty kicks, all penalties inside penalty area are moved to outside penalty area
- No offsides
- Stop play immediately upon injury

## Notes:

- Clean field area when leaving
- Arrive 15 minutes early
- Shinpads, Shoes, Shirt, Shorts
- Shinguards must be INSIDE socks
- **Absolutely No Jewelry-please instruct players and parents**
- Each player brings # 4 size ball