

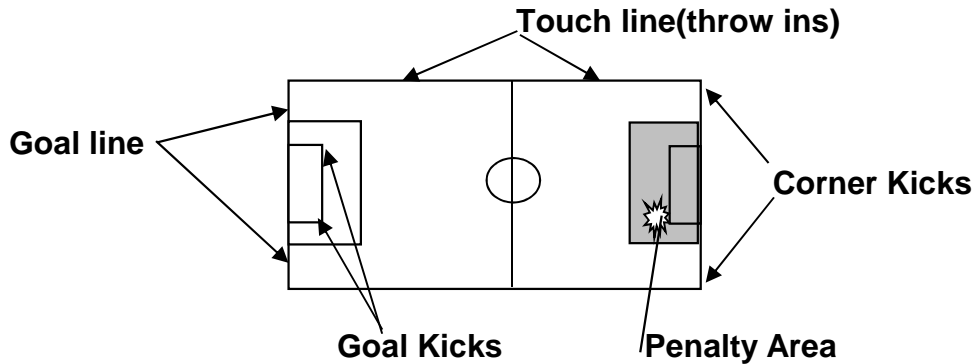


NMCYS Under 10 Soccer Rules

Soccer Hotline: 586-615-9982

www.nmcys.org

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Game Duration :

- Two Halves 20 Minutes Each
- 3 to 4 min halftime snack (grapes, oranges, apples, etc..)
- After game snack (treat and drink)

Start:

- Start each half with kickoff from half circle
- After each goal, start with kickoff from half circle

of Players:

- 7V7 or 8v8 or as agreed by the coaches

Goalies:

- Goalie can handle the ball in the penalty area
- Rotate goalies each half or more

Referees:

- YES ----Coaches and Parents on the sidelines-not behind the goal

Substitutions:

- allowed at **both teams goal kick**, **controlling** teams **throw ins** and at **each half**

Time Allowed

- Breaks - 5 minute half

Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

Corner Kick:

- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

Throw in:

- Throw in (over head and feet behind line), taken when ball travels over either touch line

Special Rules:

- Players play at least 50% of game
- **Offside rule IS NOT in effect**
- Direct and indirect free kicks in force
- Penalty kicks are called
- Stop play immediately upon injury: encourage players to take a knee
- if there is a 4 goal differential, losing team gets 1 additional player

Notes:

- Clean field area when leaving
- Arrive 15 minutes early
- Shinpads, Shoes, Shirt, Shorts, socks
- Shinguards must be INSIDE socks
- **Absolutely No Jewelry-please instruct players and parents**
- Each player brings # 4 size ball