

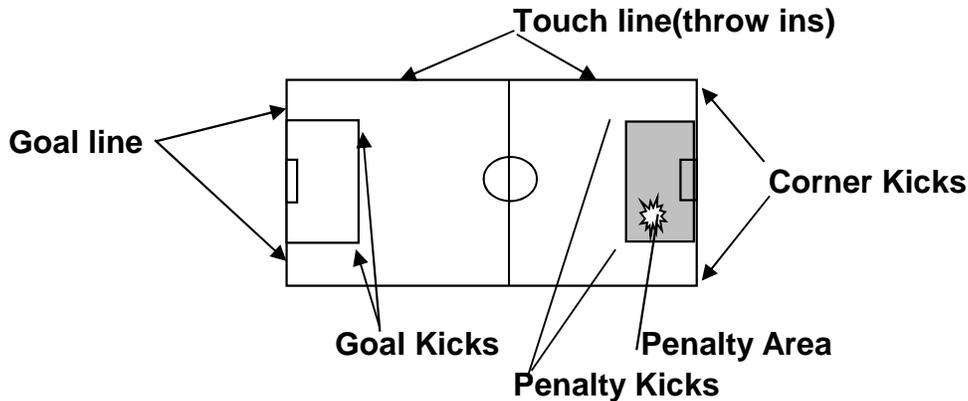


NMCYS Under 8 Soccer Rules

Soccer Hotline: 586-615-9982

www.nmcys.org

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Game Duration :

- Four Quarters 9 Minutes Each
- 3 to 4 min halftime snack (grapes, oranges, apples, etc.)
- After game snack (treat and drink)

Start of Game:

- Start each quarter with kickoff from half circle
- After each goal, start with kickoff from half circle

of Players:

- 6v6 or 7v7 or as agreed by the coaches

Goalies:

- Goalie can handle the ball in the penalty area
- Rotate goalies each half or more
- Goalies CAN receive a pass back

Referees:

- YES ----Coaches and Parents on the sidelines-not behind the goal

Substitutions:

- Sub at each quarter, both teams goal kicks, controlling teams throw ins

Time Allowed

- Breaks - 1 minute at quarters - 3 to 4 minute half

Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

Corner Kick:

- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

Throw in:

- Throw in (over head and feet behind line), taken when ball travels over either touch line
- ALLOWED RETAKES if needed

Special Rules:

- Players play at least 50% of game
- All kicks are indirect: someone other than kicker must touch the ball before a score
**no scoring right off of the kick (penalties, goal kicks, corner kicks)
- No penalty kicks, all penalties inside penalty area are moved to outside penalty area
- No offsides
- if there is a 4 goal differential, losing team gets 1 additional player
- Stop play immediately upon injury: encourage players to take a knee

Notes:

- Clean all garbage from field area when leaving
- Arrive 15 minutes early
- Shinpads, Shoes, Shirt, Shorts
- Shinguards must be INSIDE socks
- **Absolutely No Jewelry-please instruct players and parents**
- Each player brings # 4 size ball